

# GURUPOORNIMA

- Meenakshi Seshan



Gurupoornima is being celebrated on Ashada poornima. The chaaturmasya vrata commences from this poornima. As the very name suggests the chaaturmasyam is being observed for four months. Sanyasis, who are suppose to move through out will stay in one place during this period studying the scriptures. In modern days due to the changing circumstances four months shrunk into four pakshas i.e. fortnight. chaaturmasya is performed since this happened to be the rainy season, the movement to the places will be difficult and also to avoid the Himsa to the insects plenty in rain by being trodden under the feet of travelling sanyasis.

On the Gurupoornima day sanyasis do worship their Adi-Guru Vyasa Bhagavan, so gurupoornima known Vyasa poornima as well.

Narayanam Padmabhuvam Vashishtam  
Shakthim Cha Tatputra Parashram cha  
Vyasam Shukam gowdupadam Mahantam  
Govinda Yogindram Yatasya Shishyam  
Sri. Sankaradiaryara Yalhasya Padmapadam cha  
Harlhamakalam cha Shisyam  
Tarn thotakam varthika karam anyan  
Asmat gurum santatam Aanathosmi.

Advaitaguruparampara is known as a "Brahma Vidhya Sampradaya Karta" Lord Narayana, Brahma Vashishta Shakthi, Parashara, Vyasa, Shuka, Gowda, Govinda Bhagal Vat Pada, Sri. Sankaracharya, his disciples padmapada, Hastamalaka, Thotakacharya, Sureshwara and after that all contemporary preceptors are worshipped.

The Sanatana Dharma that is erroneously called as Hindu Dharma is based on the Vedas so it is known as Vedic Dharma Sanatanis strongly believe that the life should be lived in accordance with the norms of Vedas. Self oriented vedas are too vast to any ordinary individual to master. For the benefit of she posterity Veda Vyasa bifrcaled the entire vedas into four parts known as Rig, Yajur, Sam a and Atharva. One who bifercals is known as Vyasa. So originally called Badrayana is famous as Veda Vyasa Further the Vedas are not in the reach of the ordinary people hence for the common person Vyasa gave the essence of Vcdas in the story form in IS puranas and Mahabharata known as Fanchama Veda ie the fifth Veda. The Tradition claims that as Vyasa was dictating Lord Ganesha wrote Mahabharatha by breaking his tusk to use as pen.

Paramacliarva of Kanchi Kamokoti pceetha appealed to devotees that but for Vyasa Bhagavan the Sanathana Dharma would have perished. All these days we have failed in our duty to express our gratitude to this Adi Malta Purusha. In the form of retribution at least now we should start celebrating Vyasa Poornima all over. In the universe there is no belter benefactor of us than Vyasa. Vyasa too immortal like Sri. Hanuman, Ashwathatna and Mahabali showering his blessings on us.

There is a false concept that only Sanyasis should observe guru poornima. In northern part of our nation even today the students in the colleges and schools, on this auspicious day express thier resped affection to thicr teachers by worshipping them. This gesture goes a long way in maintaining idea between the teachers and the taughts. This healthy cordial relationship is a basic need for an cultured society.

Not only the saints but the Brahmacharics and Grahaslhas also should celebrate guru poornima the at falls on Friday 22nd July 1994 to obtain the grace of the prcceptcr Vyasa Bhagavan who is the Saksh Parabrahman.

**Note : The above articles written by Meenakshi Seshan in July 1994. This year Guru Poornima on 22 July 2013.**